



St Martin-in-the-Fields High School for Girls

11-19 Church of England Academy Founded 1699

Service Compassion Justice Perseverance

19 March 2019

Dear Families

I would like to share with you information from the Evelina London School Nursing Service about their platforms to improve access to early help. Information about the messaging services can be found at the end of this letter and on our website. You can access this via the news page or by going to key information and then into the student wellbeing folder.

The Evelina London school nursing service is working hard to raise the school nurse profile both within our local schools and the wider community. They hope to improve access to early help and support for health issues and concerns for young people. The service is harnessing the use of digital technology and have two digital platforms for young people and their parents and carers to use to get confidential advice and support about child health related issues. These include: emotional health, bedwetting, keeping healthy, sleep, dental health, growing up, support with medical conditions in school, and a range of adolescent topics. There are two dedicated lines, ParentLine for families and ChatHealth for young people.

ChatHealth is a messaging service for young people to receive confidential advice about health related issues. It's for young people attending secondary school or living in Lambeth and Southwark aged 11- 19 years. Since launching in October 2016 we have received over 2000 messages from young people. **ParentLine** is a messaging service for parents and carers of school aged children in Lambeth and Southwark. Parents and carers can message a school nurse to get confidential advice about their child's health related issues. Since launching in December 2017 we have received over 190 messages from parents and carers.

Yours sincerely,

Beverley Stanislaus
Headteacher

If you are a
parent or carer

You can text a
school nurse on
07520 631 130

ParentLine is a messaging service for parents and carers of school aged children in Lambeth and Southwark. Parents and carers can message a school nurse to get confidential advice about their child's health related issues. School nurses work during school holiday periods, so you can get in touch then too. Find out more about the service and confidentiality on the [Evelina London website](#). The ParentLine number is **07520 631 130**. This is a text number only and cannot receive phone calls.

IF YOU'RE
11-19
YEARS OLD
TEXT YOUR
SCHOOL
NURSE
07507 332150

ChatHealth is a messaging service for young people to receive confidential advice about health related issues. It's for young people attending school or living in Lambeth and Southwark aged 11-19 years. You can text us during school holidays too. Find out more about the service and confidentiality on the Evelina London website. The ChatHealth number is 07507 332150. This is a text number only and cannot receive phone calls.

Headteacher Mrs Beverley Stanislaus B.Ed. NPQH

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WITH LOVE AND LEARNING

